

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11+					Heat:2, starttime: 08:34
Heat: 2/9 Lane : 3 Athlete: KNOPS JELLE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:58.16 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:2, starttime: 08:34
Heat: 2/9 Lane : 4 Athlete: VANDEBROUCK ARNO					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:27.75 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:2, starttime: 08:34
Heat: 2/9 Lane : 6 Athlete: KONINCKX MATTHIAS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 200M MEDLEY MEN 11+					Heat:3, starttime: 08:38
Heat: 3/9 Lane : 8 Athlete: ACHTEN DAAN					Q-time: 03:38:41
PB (50m pool): 03:38.41 SportinGenk Park 11/11/2025					PB (25m pool): 03:46.87 SB: 03:38.41 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:38.41	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:4, starttime: 08:42
Heat: 4/9 Lane : 4 Athlete: POORTERS ARNE					Q-time: 03:16:79
PB (50m pool): 03:16.79 Düsseldorf 14/12/2025					PB (25m pool): 03:06.52 SB: 03:16.79 Düsseldorf 14/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:16.79	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:4, starttime: 08:42
Heat: 4/9 Lane : 7 Athlete: PANNEMANS WOUTER					Q-time: 03:23:52
PB (50m pool): 03:23.52 SportinGenk Park 11/11/2025					PB (25m pool): 03:19.99 SB: 03:23.52 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:23.52	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:5, starttime: 08:46
Heat: 5/9 Lane : 1 Athlete: KÄHLER MATHIAS					Q-time: 03:15:89
PB (50m pool): 03:15.89 Düsseldorf 14/12/2025					PB (25m pool): 03:04.38 SB: 03:15.89 Düsseldorf 14/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:15.89	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 200M MEDLEY MEN 11+					Heat:5, starttime: 08:46
Heat: 5/9 Lane : 2 Athlete: VANRUSSELT RAFAËL					Q-time: 03:12:06
PB (50m pool): 03:12.06 Antwerpen 20/07/2025					PB (25m pool): 03:00.07 SB: 03:12.52 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.12	01:31.51	02:27.83	03:12.06	
	00:43.12	00:48.39	00:56.32	00:44.23	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:5, starttime: 08:46
Heat: 5/9 Lane : 5 Athlete: CUYPERS MAXIME					Q-time: 03:03:20
PB (50m pool): 03:03.20 Genk 01/02/2026					PB (25m pool): 02:53.50 SB: 03:03.20 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.89	01:30.84	02:24.79	03:03.20	
	00:40.89	00:49.95	00:53.95	00:38.41	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:6, starttime: 08:50
Heat: 6/9 Lane : 7 Athlete: THOELLEN SIMON					Q-time: 02:57:55
PB (50m pool): 02:57.55 Genk 01/02/2026					PB (25m pool): 02:44.82 SB: 02:57.55 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.98	01:30.09	02:18.89	02:57.55	
	00:40.98	00:49.11	00:48.80	00:38.66	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:7, starttime: 08:54
Heat: 7/9 Lane : 8 Athlete: TORDEUR ILIAS					Q-time: 02:49:87
PB (50m pool): 02:49.87 Antwerpen 13/07/2025					PB (25m pool): 02:41.19 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.86	01:16.37	02:12.48	02:49.87	
	00:34.86	00:41.51	00:56.11	00:37.39	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 200M MEDLEY MEN 11+					Heat:8, starttime: 08:57
Heat: 8/9 Lane : 8 Athlete: TORDEUR KILIAN					Q-time: 02:39:16
PB (50m pool): 02:39.16 Antwerpen 08/03/2026					PB (25m pool): 02:34.60 SB: 02:39.16 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.72	01:13.80	02:02.94	02:39.16	
	00:33.72	00:40.08	00:49.14	00:36.22	
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 09:04
Heat: 1/10 Lane : 7 Athlete: PANNEMANS TESSA					Q-time: 99:99:99
PB (50m pool): 03:16.29 Antwerpen 16/07/2023					PB (25m pool): 02:59.70 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:16.29	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 09:04
Heat: 1/10 Lane : 8 Athlete: MOORS MAUD					Q-time: 99:99:99
PB (50m pool): 03:23.97 SportinGenk Park 19/05/2024					PB (25m pool): 03:21.93 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:23.97	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/10 Lane : 3 Athlete: VANHAEN ALISSIA					Q-time: 03:34:08
PB (50m pool): 03:34.08 SportinGenk Park 11/11/2025					PB (25m pool): 03:27.49 SB: 03:34.08 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:34.08	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 09:17
Heat: 4/10 Lane : 6 Athlete: BERGHS JINSE					Q-time: 03:11:06
PB (50m pool): 03:11.06 Genk 01/02/2026					PB (25m pool): 03:00.10 SB: 03:11.06 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.47	01:29.30	02:30.80	03:11.06	
	00:42.47	00:46.83	01:01.50	00:40.26	
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 09:24
Heat: 6/10 Lane : 7 Athlete: CUYPERS MANON					Q-time: 03:01:00
PB (50m pool): 03:01.00 SportinGenk Park 08/03/2025					PB (25m pool): 02:54.40 SB: 03:04.25 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:01.00	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:7, starttime: 09:28
Heat: 7/10 Lane : 1 Athlete: VANHEES HANNAH					Q-time: 02:53:80
PB (50m pool): 02:53.80 Düsseldorf 14/12/2025					PB (25m pool): 02:47.40 SB: 02:53.80 Düsseldorf 14/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.80	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:7, starttime: 09:28
Heat: 7/10 Lane : 7 Athlete: CUYPERS LINNE					Q-time: 02:53:56
PB (50m pool): 02:51.31 GENK 24/07/2022					PB (25m pool): 02:43.55 SB: 02:53.56 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:51.31	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:10, starttime: 09:38
Heat: 10/10 Lane : 2 Athlete: JANSSEN LAUREN					Q-time: 02:41:75
PB (50m pool): 02:41.75 Antwerpen 20/07/2025					PB (25m pool): 02:37.41 SB: 02:42.95 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.55	01:19.54	02:06.66	02:41.75	
	00:35.55	00:43.99	00:47.12	00:35.09	
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 09:41
Heat: 1/4 Lane : 4 Athlete: CASTRONOVO VINZ					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 02:03.53 SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:44
Heat: 2/4 Lane : 2 Athlete: TORDEUR ROMI					Q-time: 02:10:62
PB (50m pool): 02:10.62 SportinGenk Park 06/04/2026					PB (25m pool): 02:08.72 SB: 02:10.62 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M			
PB	01:01.59	02:10.62			
	01:01.59	01:09.03			
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 09:44
Heat: 2/4 Lane : 5 Athlete: BROUWERS MATHIEU					Q-time: 02:02:46
PB (50m pool): 02:02.46 SportinGenk Park 06/04/2026					PB (25m pool): 01:58.49 SB: 02:02.46 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M			
PB	00:55.64	02:02.46			
	00:55.64	01:06.82			
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 6 Athlete: PUTTEVILS STELLA			Q-time: 02:09:15
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 09:44
Heat: 2/4 Lane : 7 Athlete: OTTO ALISA			Q-time: 02:19:79
PB (50m pool): 02:19.79 SportinGenk Park 06/04/2026 PB (25m pool): no time SB: 02:19.79 SportinGenk Park 06/04/2026			
	5 0 M	1 0 0 M	
PB	01:06.93	02:19.79	
	01:06.93	01:12.86	
			

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9			Heat:3, starttime: 09:47
Heat: 3/4 Lane : 4 Athlete: OLAERTS FLORIS			Q-time: 01:51:18
PB (50m pool): 01:51.18 SportinGenk Park 21/04/2025 PB (25m pool): 01:38.99 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:51.18	
	no time		
			

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9			Heat:4, starttime: 09:50
Heat: 4/4 Lane : 3 Athlete: JAEKEN STAN			Q-time: 01:45:66
PB (50m pool): 01:45.66 SportinGenk Park 06/04/2026 PB (25m pool): 01:44.96 SB: 01:45.66 SportinGenk Park 06/04/2026			
	5 0 M	1 0 0 M	
PB	00:51.19	01:45.66	
	00:51.19	00:54.47	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 7 Athlete: ZGHIBAT HAARITH				Q-time: 01:48:86	
PB (50m pool): 01:48.86 SportinGenk Park 06/04/2026				PB (25m pool): 01:46.05 SB: 01:48.86 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M			
PB	00:52.27	01:48.86			
	00:52.27	00:56.59			
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 8 Athlete: LOPEZ Y LOPEZ LEÓN				Q-time: 01:50:93	
PB (50m pool): 01:50.93 SportinGenk Park 06/04/2026				PB (25m pool): 01:54.99 SB: 01:50.93 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M			
PB	00:52.51	01:50.93			
	00:52.51	00:58.42			
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+				Heat:1, starttime: 10:05	
Heat: 1/4 Lane : 3 Athlete: TORDEUR LUCIE				Q-time: 99:99:99	
PB (50m pool): 03:33.98 Genk 24/10/2020				PB (25m pool): 02:55.52 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:33.98	
	no time				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+				Heat:2, starttime: 10:09	
Heat: 2/4 Lane : 2 Athlete: RATSITKA IRINI				Q-time: 03:33:87	
PB (50m pool): 03:33.87 Genk 01/02/2026				PB (25m pool): 03:25.41 SB: 03:33.87 Genk 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.61	01:39.82	02:37.04	03:33.87	
	00:46.61	00:53.21	00:57.22	00:56.83	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 10:09
Heat: 2/4 Lane : 4 Athlete: DREESSEN LYANA					Q-time: 03:19:15
PB (50m pool): 03:19.15 Genk 01/02/2026					PB (25m pool): 03:11.87 SB: 03:19.15 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.05	01:35.10	02:27.84	03:19.15	
	00:44.05	00:51.05	00:52.74	00:51.31	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 10:13
Heat: 3/4 Lane : 2 Athlete: HABRAKEN AMBER					Q-time: 03:13:29
PB (50m pool): 03:13.29 Antwerpen 13/07/2025					PB (25m pool): 03:08.07 SB: 03:17.10 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.23	01:32.54	02:22.87	03:13.29	
	00:43.23	00:49.31	00:50.33	00:50.42	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 10:17
Heat: 4/4 Lane : 6 Athlete: ZANGARI AURORA					Q-time: 03:00:06
PB (50m pool): 02:59.46 Antwerpen 21/04/2024					PB (25m pool): 02:55.26 SB: 03:00.06 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:59.46	
	no time				
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 10:26
Heat: 3/5 Lane : 5 Athlete: MIJSLINSKI JAYDEN					Q-time: 01:09:58
PB (50m pool): 01:09.58 Genk 01/02/2026					PB (25m pool): 01:12.75 SB: 01:09.58 Genk 01/02/2026
	5 0 M	1 0 0 M			
PB	00:31.77	01:09.58			
	00:31.77	00:37.81			
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 10:28
Heat: 4/5 Lane : 6 Athlete: KENENS SIMON			Q-time: 01:06:13
PB (50m pool): 01:06.13 Antwerpen 13/07/2025			PB (25m pool): 01:03.37 SB: 01:07.42 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:30.53	01:06.13	
	00:30.53	00:35.60	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:30
Heat: 5/5 Lane : 6 Athlete: ONA CESAR			Q-time: 01:03:22
PB (50m pool): 01:03.22 Antwerpen 08/03/2026			PB (25m pool): 01:02.71 SB: 01:03.22 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:29.38	01:03.22	
	00:29.38	00:33.84	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:38
Heat: 4/4 Lane : 3 Athlete: SCHEPERS MIRTHE			Q-time: 01:12:09
PB (50m pool): 01:12.09 SportinGenk Park 01/03/2025			PB (25m pool): 01:11.98 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:12.09	
	no time		
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:1, starttime: 10:41
Heat: 1/4 Lane : 4 Athlete: BROUWERS MATHIEU			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:51.10 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:1, starttime: 10:41
Heat: 1/4 Lane : 5 Athlete: TORDEUR ROMI			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:04.32 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 10:43
Heat: 2/4 Lane : 2 Athlete: PUTTEVILS STELLA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 10:43
Heat: 2/4 Lane : 7 Athlete: OTTO ALISA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 10:46
Heat: 3/4 Lane : 2 Athlete: OLAERTS FLORIS			Q-time: 01:47:91
PB (50m pool): 01:47.91 Mönchengladbach 23/03/2025 PB (25m pool): 01:34.45 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:47.91	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 10:46
Heat: 3/4 Lane : 3 Athlete: JAEKEN STAN			Q-time: 01:43:16
PB (50m pool): 01:43.16 SportinGenk Park 06/04/2026			PB (25m pool): 01:45.56 SB: 01:43.16 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:50.61	01:43.16	
	00:50.61	00:52.55	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 10:46
Heat: 3/4 Lane : 5 Athlete: ZGHIBAT HAARITH			Q-time: 01:43:08
PB (50m pool): 01:43.08 SportinGenk Park 06/04/2026			PB (25m pool): 01:42.62 SB: 01:43.08 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:48.29	01:43.08	
	00:48.29	00:54.79	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:3, starttime: 10:46
Heat: 3/4 Lane : 6 Athlete: CASTRONOVO VINZ			Q-time: 01:45:90
PB (50m pool): 01:45.90 SportinGenk Park 06/04/2026			PB (25m pool): 01:45.81 SB: 01:45.90 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:45.99	01:45.90	
	00:45.99	00:59.91	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 4 Athlete: LOPEZ Y LOPEZ LEÓN			Q-time: 01:28:62
PB (50m pool): 01:28.62 SportinGenk Park 06/04/2026			PB (25m pool): 01:25.26 SB: 01:28.62 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:41.89	01:28.62	
	00:41.89	00:46.73	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 9: 200M FREESTYLE MEN 13+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 2 Athlete: PANNEMANS WOUTER					Q-time: 99:99:99
PB (50m pool): 03:22.37 Düsseldorf 17/12/2023					PB (25m pool): 02:43.50 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:22.37	
	no time				
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 13+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 3 Athlete: KONINCKX MATTHIAS					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 13+					Heat:1, starttime: 10:51
Heat: 1/5 Lane : 7 Athlete: KNOPS JELLE					Q-time: 99:99:99
PB (50m pool): 03:08.31 SportinGenk Park 19/05/2024					PB (25m pool): 02:38.44 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:08.31	
	no time				
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 13+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 2 Athlete: THOELLEN SIMON					Q-time: 02:43:33
PB (50m pool): 02:43.33 Genk 01/02/2026					PB (25m pool): 02:31.56 SB: 02:43.33 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.22	01:18.23	02:01.72	02:43.33	
	00:36.22	00:42.01	00:43.49	00:41.61	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 9: 200M FREESTYLE MEN 13+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 5 Athlete: CUYPERS MAXIME					Q-time: 02:37:77
PB (50m pool): 02:37.77 Genk 01/02/2026					PB (25m pool): 02:26.81 SB: 02:37.77 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.85	01:18.10	01:59.50	02:37.77	
	00:37.85	00:40.25	00:41.40	00:38.27	
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 13+					Heat:4, starttime: 11:01
Heat: 4/5 Lane : 8 Athlete: TORDEUR KILIAN					Q-time: 02:18:77
PB (50m pool): 02:18.77 Antwerpen 08/03/2026					PB (25m pool): 02:15.52 SB: 02:18.77 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.12	01:06.34	01:43.01	02:18.77	
	00:31.12	00:35.22	00:36.67	00:35.76	
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:1, starttime: 11:07
Heat: 1/7 Lane : 3 Athlete: LBALI ALISA-SARA					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 03:24.30 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:1, starttime: 11:07
Heat: 1/7 Lane : 5 Athlete: PANNEMANS TESSA					Q-time: 99:99:99
PB (50m pool): 02:51.12 Genk 28/05/2023					PB (25m pool): 02:26.83 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:51.12	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:1, starttime: 11:07
Heat: 1/7 Lane : 6 Athlete: MOORS MAUD					Q-time: 99:99:99
PB (50m pool): 03:02.73 SportinGenk Park 19/05/2024					PB (25m pool): 02:52.00 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:02.73	
	no time				
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 11:11
Heat: 2/7 Lane : 7 Athlete: BERGHMANS LAUREN					Q-time: 02:48:42
PB (50m pool): 02:48.42 Genk 01/02/2026					PB (25m pool): 02:48.44 SB: 02:48.42 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.12	01:21.13	02:05.61	02:48.42	
	00:38.12	00:43.01	00:44.48	00:42.81	
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:3, starttime: 11:14
Heat: 3/7 Lane : 8 Athlete: DREESSEN LYANA					Q-time: 02:39:32
PB (50m pool): 02:39.32 Genk 01/02/2026					PB (25m pool): 02:32.04 SB: 02:39.32 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.14	01:16.25	01:58.90	02:39.32	
	00:36.14	00:40.11	00:42.65	00:40.42	
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 11:17
Heat: 4/7 Lane : 8 Athlete: HABRAKEN AMBER					Q-time: 02:34:53
PB (50m pool): 02:34.49 Antwerpen 16/07/2023					PB (25m pool): 02:28.04 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:34.49	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 200M FREESTYLE WOMEN 13+				Heat:7, starttime: 11:26	
Heat: 7/7 Lane : 8 Athlete: TORDEUR LUCIE				Q-time: 02:21:19	
PB (50m pool): 02:21.19 Antwerp 09/02/2025				PB (25m pool): 02:18.40 SB: 02:23.91 Genk 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.46	01:08.40	01:44.83	02:21.19	
	00:32.46	00:35.94	00:36.43	00:36.36	
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+				Heat:3, starttime: 11:40	
Heat: 3/10 Lane : 1 Athlete: MWIRI SAM				Q-time: 01:39:26	
PB (50m pool): 01:39.26 SportinGenk Park 06/04/2026				PB (25m pool): no time SB: 01:39.26 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M			
PB	00:46.90	01:39.26			
	00:46.90	00:52.36			
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+				Heat:3, starttime: 11:40	
Heat: 3/10 Lane : 8 Athlete: VANDEBROUCK ARNO				Q-time: 01:39:51	
PB (50m pool): 01:39.51 Genk 01/02/2026				PB (25m pool): 01:40.03 SB: 01:39.51 Genk 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:50.28	01:39.51			
	00:50.28	00:49.23			
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 11:42	
Heat: 4/10 Lane : 5 Athlete: POORTERS ARNE				Q-time: 01:31:24	
PB (50m pool): 01:31.24 Antwerpen 15/03/2026				PB (25m pool): 01:29.38 SB: 01:31.24 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:45.78	01:31.24			
	00:45.78	00:45.46			
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 11:42
Heat: 4/10 Lane : 6 Athlete: KÄHLER MATHIAS			Q-time: 01:33:09
PB (50m pool): 01:33.09 SportinGenk Park 06/04/2026			PB (25m pool): 01:30.71 SB: 01:33.09 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:45.02	01:33.09	
	00:45.02	00:48.07	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:44
Heat: 5/10 Lane : 4 Athlete: VANRUSSELT RAFAËL			Q-time: 01:26:46
PB (50m pool): 01:26.46 SportinGenk Park 06/04/2026			PB (25m pool): 01:23.17 SB: 01:26.46 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:42.08	01:26.46	
	00:42.08	00:44.38	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:51
Heat: 8/10 Lane : 2 Athlete: TORDEUR ILIAS			Q-time: 01:14:85
PB (50m pool): 01:14.85 Antwerpen 15/03/2026			PB (25m pool): 01:13.70 SB: 01:14.85 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.72	01:14.85	
	00:36.72	00:38.13	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:51
Heat: 8/10 Lane : 3 Athlete: MIJSLINSKI JAYDEN			Q-time: 01:14:74
PB (50m pool): 01:14.74 Antwerpen 15/03/2026			PB (25m pool): 01:12.19 SB: 01:14.74 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.75	01:14.74	
	00:35.75	00:38.99	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 11:53
Heat: 9/10 Lane : 5 Athlete: ONA CESAR			Q-time: 01:09:80
PB (50m pool): 01:09.80 Genk 01/02/2026			PB (25m pool): 01:06.02 SB: 01:09.80 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:33.83	01:09.80	
	00:33.83	00:35.97	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 11:53
Heat: 9/10 Lane : 8 Athlete: KENENS SIMON			Q-time: 01:12:30
PB (50m pool): 01:10.54 Antwerp 04/02/2024			PB (25m pool): 01:07.92 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:10.54	
	no time		
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 1 Athlete: CUYPERS MANON			Q-time: 01:27:37
PB (50m pool): 01:27.37 Antwerpen 15/03/2026			PB (25m pool): 01:23.53 SB: 01:27.37 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.34	01:27.37	
	00:42.34	00:45.03	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 6 Athlete: BERGHS JINSE			Q-time: 01:26:30
PB (50m pool): 01:26.30 SportinGenk Park 11/11/2025			PB (25m pool): 01:23.88 SB: 01:26.30 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:26.30	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 8 Athlete: RATSITSKA IRINI			Q-time: 01:27:48
PB (50m pool): 01:27.48 Antwerpen 15/03/2026			PB (25m pool): 01:25.85 SB: 01:27.48 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.62	01:27.48	
	00:41.62	00:45.86	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 12:13
Heat: 8/11 Lane : 3 Athlete: VANHEES HANNAH			Q-time: 01:21:25
PB (50m pool): 01:21.25 SportinGenk Park 06/04/2026			PB (25m pool): 01:17.89 SB: 01:21.25 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:39.54	01:21.25	
	00:39.54	00:41.71	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 12:15
Heat: 9/11 Lane : 7 Athlete: CUYPERS LINNE			Q-time: 01:19:93
PB (50m pool): 01:19.93 Genk 01/02/2026			PB (25m pool): 01:15.79 SB: 01:19.93 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.45	01:19.93	
	00:38.45	00:41.48	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 12:15
Heat: 9/11 Lane : 8 Athlete: JANSSEN LAUREN			Q-time: 01:20:34
PB (50m pool): 01:20.34 Antwerpen 08/03/2026			PB (25m pool): 01:17.29 SB: 01:20.34 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.72	01:20.34	
	00:38.72	00:41.62	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+										Heat:10, starttime: 12:17																																		
Heat: 10/11															Lane : 4					Athlete: ZANGARI AURORA										Q-time: 01:16:52														
PB (50m pool): 01:16.52															SportinGenk Park 08/03/2025										PB (25m pool): 01:14.63										SB: 01:17.28					Genk 01/02/2026				
		5 0 M					1 0 0 M																																					
PB		no time					01:16.52																																					
		no time																																										
																																												

Coach feedback:

Event number: 14: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 12:41	
Heat: 1/2 Lane : 2 Athlete: BROUX ELISE							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 05:18.66 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback: